

CLINICAL OBSERVATION ON 180 CASES OF CHRONIC ENDOMETRITIS TREATED BY “ZAO CI RU MO TANG”

Clinical Data:

All 180 cases were married, ages from 23 to 54. They had this disease for 3 months to 4 years. They were randomly divided into treatment group (135 cases) and control group (45 cases)

Diagnosis (Omitted)

Treatment Method:

Treatment group:

Zao Ci Ru Mo Tang: **Zao Jiao Ci 15g. Ru Xiang 15g. Mo Yao 15g. Sheng Ma 15g. Tao Ren 15g. Hong Hua 15g. Chi Shao Yao 15g. Jin Yin Hua 20g. Lian Qiao 20g. Sheng Pu Huang 20g. Bai Jiang Cao 20g. Yi Mu Cao 30g. Sheng Huang Qi 30g. Pu Gong Ying 30g. Zi Hua Di Ding 30g.**

One dose per day, cook 3 times, take the decoction one hour before breakfast and dinner.

Modifications:

Severe bearing-down pain: add Chuan Shan Jia 10g.

Uterine dribbling bleeding: add Qian Cao 20g.

Profuse Yellow vaginal discharge: add Cang Zhu 20g, Huang Bai 20g.

For cases with regular menstrual cycle, start taking the formula 1-2 days before the menstruation, and for cases with no regular menstrual cycle, start the formula as soon as small vaginal bleeding appears. The medicine should be continued until the menstruation finish.

Three menstrual cycles are considered one treatment course, and do the evaluation after that.

Control group:

According to clinical condition, give antibiotics, sex hormones or hemostatics, also treat three menstrual cycles.

For both groups, all the other medications were stopped except for the ones mentioned above.

Results:

Look at the table below. The total effective rate for the treatment group is 96.3% and that for the control group is 67%.

| group | No of cases | Cured (%) | Markedly improved(%) | Effective(%) | Improved (%) | No effect (%) |
|------------------------|--------------------|------------------|-----------------------------|---------------------|---------------------|----------------------|
| Treatment group | 135 | 72(53.3) | 40(29.6) | 11(8.2) | 7(5.2) | 5(3.7) |
| Control group | 45 | 4(8.9) | 6(13.3) | 9(20.1) | 11(24.4) | 15(33.3) |

Brief Discussion

Chronic endometritis is an infection related to many reasons, such as IUD, small remaining part of placenta after delivery, aged people, sex during menstruation, etc.

Traditional Chinese medicine thinks that the disease is related to the toxic pathogen changed to heat, disturbing the Chong and Ren meridians, leading to the stagnation of Qi, blood and heat.

The treatment is to benefit Qi, clear heat, resolve stagnation, and regulate the Chong meridian.

Huang Qi, Sheng Ma: improve immunity.

Ru Xiang, Mo Yao, Chuan Shan Jia, Yi Mu Cao, Tao Ren, Hong Hua: move blood and resolve stasis, improve microcirculation.

Chi Shao Yao, Pu Huang, Qian Cao: clear heat, cool the blood, dispel stasis, stop bleeding.

Pu Gong Ying, Zi Hua Di Ding, Jin Yin Hua, Lian Qiao, Zao Jiao Ci, Huang Bai, Cang Zhu: clear heat, detoxication, remove stasis.

(ACTA CHINESE MEDICINE AND PHARMACOLOGY, Vol.28 No.133 Page24 the 5th issue in 2000/10)