

## **Yin Kang Granule in the treatment of 98 cases of Psoriasis**

148 cases were treated in our department. 98 cases are in the treatment group using Yin Kang Granule and 50 cases were in the control group using Qing Dai capsule (one of the common herbal remedy for psoriasis)

### **Composition of Yin Kang Granule:**

Ku Shen, Huang Bai, Tu Fu ling, Fang Feng, Wu Shao She, Quan Xie, Wu Gong, Hu Zhang, Dan Shen, Ji Xue Teng, Zi Cao, Gan Cao

**Actions:** clear heat, expel wind, nourish blood and move blood.

**Advice:** During treatment, patients are asked to stop smoking, alcohol, and avoid spicy food, no lamb and beef.

**Standard:** Cured: skin turn back to normal or more than 95% of the affected skin turn normal; Improved: more than 50% of the affected skin turn back to normal; not cured: less than 50% of the affected skin turn back to normal.

### **Results:**

Among the 98 cases of psoriasis patients, 59 are cured (60.2%), 32 improved (32.7%), not cured 7 cases (7.1%). This result is better than the group of Qing Dai capsule, which are respectively 42%,36% and 22%).

**Other possible reactions:** During the time of treatment, some abdominal or intestinal symptoms may occur, such as gastric or intestinal discomfort, pain, loose stool. If the symptoms are not serious, the treatment will usually continue and your body will be used to the herbs after a while.(2001-4-p19, Xin Zhong Yi)

