

Herbal Formulas for Skin Diseases

Eczema and Dermatitis Formula

Sheng di huang, chi shao yao, mu dan pi, xuan shen, dan shen, huang qin, lian qiao, jin yin hua, chan tui, di fu zi, huang bai, ku shen, zhi zi, bai xian pi, cang zhu, bai zhu, Cautions: while using the formula, the patient should stop smoking, stop drinking, no coffee, avoid spicy food such as chili pepper, sea food, lamb, beef, onion, Chinese chives, reduce sweet food such as mango, litchi, pineapple, etc. The patient should also get enough sleep and reduce mental and physical stress.

Psoriasis Formula

Sheng di huang, chi shao yao, mu dan pi, bai xian pi, dan shen, zi cao, huai hua, bai mao gen, da qing ye, ban lan gen, tu fu ling, hong hua
Cautions: while using the formula, the patient should stop smoking, stop drinking, no coffee, avoid spicy food such as chili pepper, sea food, lamb, beef, onion, Chinese chives, reduce sweet food such as mango, litchi, pineapple, etc. The patient should also get enough sleep and reduce mental and physical stress.

Acne Formula

Sheng di huang, chi shao yao, mu dan pi, huang qin, zhi zi, jin yin hua, lian qiao, zhi mu, shi gao, jie geng, pu gong ying, yu xing cao, di gu pi, dan shen
Cautions: during herbal treatment, the patient should stop smoking, stop drinking, avoid coffee, sweet, spicy and greasy food. The patient should also get enough sleep and reduce mental and physical stress.

Hair Loss Formula

Shu di huang, he shou wu, dang gui, dan shen, tu si zi, shang shen zi, han lian cao, nu zhen zi, ce bai ye, bai ji li, fu ling, bai zhu

Topical hair-grow oil:

Rosemary oil, cypress oil, juniper oil, thyme oil, grape seed oil, lavender oil, jojoba oil, carrot seed oil, geranium oil, etc.

Rosacea Formula

Actions: cool and clean blood, protect liver, expel toxins from lung, stomach and liver, clear heat from lung and stomach, balance hormone system.

Sheng di huang, chi shao, mu dan pi, huang qin, zhi zi, jin yin hua, lian qiao, pu gong ying, yu xing cao, shi gao, di gu pi, jie geng, dan shen, zhi mu